

Important Memo

**To All Coaches
From the NE Board**

2018 N E Beginner Program - Update and clarification

Freestyle Program - All divisions are co-ed

Age divisions are age as of January 1st of the current season.

The current season starts September 1st through August 31st.

Newcomer freestyle - This event is for first year skaters only. If you have

never skated competition prior to the current season.

Divisions:

Newcomer Tiny Tot - ages 5 years and younger

Newcomer Primary - ages 6, 7, 8 year olds

Newcomer youth - ages 9 up to age 14

Newcomer Sophomore - ages 15 and older

Routine may be up to 2:00 minutes long +/- 5 seconds

You may use vocal music, as long as it is appropriate.

Jumps

You may use up to 5 jumps from the following list:

Bunny Hop

½ mapes or ½ toe walley

Mohawk jump

Waltz jump

½ flip or ½ lutz

Full mapes

One three jump combination, which will count as one of the 5 jumps

Spins

You may use up to 3 spins:

Two foot spin

Any one foot spin

No sit spins or camel spins allowed

Footwork

One sequence of Primary Footwork, any pattern.

Intro Freestyle

This event is for skaters that are in their second year of competition. If a skater has already skated in the prior season this is the division they may skate or in the next division up which is "C" events. There will be no tiny tot division in Intro.

Routine time is 2 minutes +/- 5 seconds and may use vocals.

This division may use up to 5 jumps, **plus one three jump combination**. Only $\frac{1}{2}$ rotation and single rotation jumps will be allowed.

Three spins which may include one combination spin and a sit spin.

Jumps that may be included are as follows:

Bunny Hop

Waltz jump

Mapes and or toe walley

Salchow

Loop and or Euler

All $\frac{1}{2}$ rotation jumps

One three jump combination, may use $\frac{1}{2}$ and or full rotation jumps only.

Spins

Two foot spin

IB upright

IF upright

IB sit spin

Footwork will be primary or secondary footwork in a diagonal pattern.

Sub Freestyle - Please be aware Sub Freestyle is being discontinued. If you have a 3rd year skater please enter them in a "C" event or higher.

Also note - that the requirements for the Northeast Beginner program for Figures and Dance events have not changed.

Included in the beginner program - Youth Beginner Pairs, Youth Beginner Quartet (12 and younger), and Beginner

Freshman/Sophomore, 13 and older Quartet. Beginner Precision and Show teams.

Please Note - Next season 2018/2019 Beginner requirements will be discussed at a coaches meeting during this years Regional Championships.

Other News from Coaches Rep.

All pairs events in the standard USARS championships are considered “Pairs” events. The following divisions will be skated. Juvenile, Elementary, Freshman and Sophomore Pairs. There will be no more “A”,B or “C” pairs designation.

**If anyone has any questions please contact
Lynncassio@gmail.com**