

NEW REGULATION FOR INLINE ARTISTIC SKATING
2016
WORLD ARTISTIC CHAMPIONSHIPS NOVARA
Singles skating only, Juniors and Seniors

The Championship is open to each country where there is a National association member of the artistic branch of the FIRS (due paid). Then, can be presented two (2) skaters in each category (Junior Ladies, Junior Men, Senior Ladies and Senior Men) per country.

JUNIORS Has reached the age of 12 , but not reached the age of 19 at 01 August 2015	Ladies and Men : 3'30'' (+/-10'')
SENIORS Has reached the age of 15 at 01 August 2015	Ladies and Men : 4'00 (+/- 10'')

I - SHORT PROGRAM FOR CHAMPIONSHIPS,

Juniors and Seniors

JUNIORS & SENIORS	Ladies & men Maximum 2'30 +/-10''	<p>a) One Axel Paulsen type jump (single/double/triple);</p> <p>b) One double/triple jump immediately preceded by connecting steps and/or other comparable Free Skating movements;</p> <p>c) One Jump combination consisting of a double jump, triple jump or quadruple jump and a single or double or triple jump;</p> <p>d) One Flying spin (one position only without change of foot) with a minimum of four (4) revolutions in total;</p> <p>e) One spin with only one position :</p> <ul style="list-style-type: none"> • Men : Camel spin or sit spin with only one change of foot, (the position must be different than the flying spin landing position), minimum of seis (6) revolutions in total. • Ladies : Lay back (or side ways) spin, minimum of four (4) revolutions in total. <p>f) One Spin combination with only one change of foot, with a minimum of six (6) revolutions in total);</p> <p>g) One Step sequence fully utilizing the floor surface.</p> <p>The Program Components are only judged in</p> <ul style="list-style-type: none"> • Skating Skills • Transitions • Performance/Execution • Choreography/Composition • Interpretation <p>The factors for the Program Components is</p>
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		- for men 0.5 - for Ladies 0.5 Deduction : 1.0 by Fall on the Total Program Score (TPS)
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Prohibited elements:

- Any kind of Somersault – deduction (1.0)
- Split on the floor is treated as a fall - deduction (1 mark/point)

II - A well balanced Free Skating program must contain:

JUNIORS	Ladies & Men 3'30" (+/- 10")	<p>a) Maximum of six (6) jump elements for ladies and Men. One of which must be an Axel type jump. There may be up to three (3) jump combinations or sequences. Only one (1) Jump combination can contain up to five (5) jumps and the others Jump combinations must contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. A same jump with a different number of rotation will count as an other jump. Any single, double or triple jump cannot be executed more than twice in total .</p> <p>b) There must be a maximum of three (3) spins of a different nature (different name),</p> <ol style="list-style-type: none"> 1. one of which must be a spin combination (minimum of six (6) revolutions in total), 2. one a flying spin or a spin with a flying entrance (minimum of four (4) revolutions in total) 3. one spin with only one position (minimum of four (4) revolutions in total). <p>Change of foot and flying entrance is allowed for all spins.</p> <p>c) There must be a maximum : One (1) step sequence with fully utilizing the surface. No jumps/ spins allowed.</p> <p>d) There must be : <u>One Gliding (flowing) skating element</u>, fully utilizing the rink surface, witch consists of any kind of movements, at least two (2), like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative positions..., linked together by a strong choreography. This element called "Choréo Sequence" (ChSq) have <u>no base fixed value</u> but is evaluated within the component marks. This Gliding (flowing) skating element should be executed according to the character of the music.</p> <p><u>There will be a deduction from technical panel of 2 points if not according to the requirement or missing.</u></p> <p>The Program Components are on judged in</p> <ul style="list-style-type: none"> • Skating Skills • Transitions • Performance/Execution • Choreography/Composition • Interpretation <p>The factors for the Program Components is</p> <ul style="list-style-type: none"> - for men 1.4 - for ladies 1.2 <p>Deduction : 1.0 by Fall on the Total Program Score (TPS)</p>
SENIORS	Ladies and Men 4'00" (+/- 10")	<p>a) Maximum of 7 jump elements for ladies and Men, one of which must be an Axel type jump. There may be up to three (3) jump combinations or sequences. Only one (1) Jump combination can contain up to five (5) jumps and the others Jump combinations can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. A same jump with a different number of rotation</p>