

## 2018 Northeast, Eastern and Southeast Regions National Practice Schedule

### Figure Practice:

During the designated figure practice on the **Official Floor Figure Skaters MUST STAY** on the official figure circles and loops.  
 During the designated figure practice on the **Practice Floor Figure Skaters MUST STAY** on the circles next to the loops.  
 This will keep 1/2 of the floor open for Dance, Freestyle and Creative skaters to get a practice.

### Dance Practice:

Music will be played in the order of the order in which the events compete.  
 If there are a lot of dance skaters at a practice it may become necessary to limit or restrict other disciplines from practicing.

### Freestyle and Creative Practice:

Routines will be played in the order in which the events compete.  
 If there are a lot of skaters at a practice it may become necessary to limit or restrict other disciplines from practicing.  
 Loop skaters can practice loops during this time provided they give way to the skaters doing their routines.  
 If events are running on the official floor routine music may not be able to be played.

### Open Practice:

These practices are for everyone with equal floor rights as described below.

Date	Day	Official Floor	Practice Floor Time
7/21/18	Saturday	Open Practice 5:00 to 5:20 PM Figure has right of way 5:20 to 5:40 PM Freestyle & Creative has right of way 6:40 to 6:00 PM Dance has right of way	
7/22/18	Sunday		Open Practice 5:00 to 5:30 PM Freestyle & Creative has right of way 5:30 to 6:00 PM Dance has right of way 6:00 to 6:30 PM Figures has right of way
7/23/18	Monday		Open Practice 11:30 AM to 12:00 PM Figures has right of way 5:00 to 5:30 PM Dance has right of way 6:30 to 7:00 PM Freestyle & Creative has right of way
7/24/18	Tuesday		Open Practice 5:00 to 5:30 PM Dance has right of way 5:30 to 6:00 PM Figures has right of way 10:00 to 10:30 PM Freestyle & Creative has right of way
7/25/18	Wednesday		Open Practice 5:00 to 5:30 PM Freestyle & Creative has right of way 5:30 to 6:00 PM Dance has right of way 9:00 to 9:30 PM Figures has right of way
7/26/18	Thursday		Open Practice 10:30 to 11:00 AM Figures has right of way 5:00 to 5:30 PM Freestyle & Creative has right of way 5:30 to 6:00 PM Dance has right of way
7/27/18	Friday		Open Practice 6:00 to 6:30 PM Freestyle & Creative has right of way 6:30 to 7:00 PM Dance has right of way 9:30 to 10:00 PM Figures has right of way
7/28/18	Saturday		Open Practice 5:00 to 5:30 PM Freestyle & Creative has right of way 5:30 to 6:00 PM Dance has right of way 7:00 to 7:30 PM Figures has right of way
7/29/18	Sunday		Open Practice 6:00 to 6:30 PM Freestyle & Creative has right of way 6:30 to 7:00 PM Dance has right of way 7:00 to 7:30 PM Figures has right of way
7/30/18	Monday		Open Practice 5:00 to 5:30 PM Dance has right of way 5:30 to 6:00 PM Freestyle & Creative has right of way 6:00 to 6:30 PM Figures has right of way
7/31/18	Tuesday		Open Practice 5:00 to 5:30 PM Freestyle & Creative has right of way 5:30 - 6:00 PM Dance has right of way 6:00 - 6:30 PM Figures has right of way
8/1/18	Wednesday		Open Practice 7:00 to 7:30 PM Dance has right of way 7:30 to 8:00 PM Freestyle & Creative has right of way 8:00 to 8:30 PM Figures has right of way
8/2/18	Thursday		Open Practice 5:00 to 5:30 PM Dance has right of way 5:30 - 6:00 PM Freestyle & Creative has right of way 7:00 - 7:30 PM Figures has right of way
8/3/18	Friday		Open Practice 5:00 to 5:30 PM Dance has right of way 5:30 to 6:00 PM Freestyle & Creative has right of way 7:00 to 7:30 PM Figures has right of way